

Canada is a nation steeped in multiculturalism, from our earliest historical roots to our current social context.

What it means to be Canadian, what it means to be a psychologist or counselor in Canada, and what it means to practice in an ethical and competent manner, cannot be separated from an examination of culture.

We are our cultures, personally and professionally.

Culture-Infused Counselling ^{2nd Edition}



Nancy Arthur & Sandra Collins
EDITORS

Whatever the context of your practice, you will encounter clients who differ from you in worldview and cultural background.

How prepared are you to respond effectively to differences across ethnicity, gender, sexual orientation, ability, age, religion, socioeconomic status, and other aspects of cultural identity that impact how people view you, view themselves, and view the world around them?

Culture-Infused Counseling provides a comprehensive foundation for building self-awareness, self-confidence, and professional competency. It will expand your awareness of cultural issues in Canada and enhance your theoretical and practical frameworks. You will be challenged to address the community, organizational, social, and political systems that impact client wellness and to engage in social justice action.

Psychologists, counselors, social workers, educators, and other social service professionals are invited to join us in the pursuit of equity, respect, and social justice for all members of Canadian society.

This book offers a theoretical framework and practical guide for understanding our own personal culture, for increasing awareness of the culture of our clients, and for infusing culture into all aspects of our professional practice.

Culture-Infused Counselling, 2nd Edition

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